

Experimental agents to improve fracture healing: utilizing the WNT signaling pathway[☆]

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ABSTRACT

The process of bone healing largely recapitulates bone development in the embryo and ideally achieves complete restoration of bone shape and structure. However, because successful fracture healing requires tight interactions of numerous cell types and signaling molecules, any disruption of this highly coordinated processes can result in delayed healing or even non-union formation. The rate of fracture healing complications in orthopedic patients is reported to be 5–20%. Therefore, there is a need for new therapeutic strategies to improve fracture healing in patients with healing complications. One treatment strategy would include the easy and safe application of a pharmacological agent inducing osteoanabolic effects during fracture healing. One potential promising molecular target is the osteoanabolic WNT signaling pathway. This pathway plays an important role during embryonic bone development, homeostasis, mechanotransduction, development of osteoporosis and bone regeneration. This review focuses on pre-clinical studies targeting WNT signaling molecules to accelerate fracture healing. The three main investigated antagonists of the WNT signaling pathway, which can be blocked experimentally by antibodies, are Sclerostin, Dickkopf-1 and Midkine. Treating animals with antibodies against these proteins enhanced bone formation in the fracture callus. This indicates a therapeutic potential for these antibodies to accelerate fracture healing in patients with orthopedic complications.

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Introduction

Bone tissue has the rare capability of scarless self-repair after injury. However, because successful fracture healing requires tight interactions of many cell types and signaling molecules, any disruption of this highly coordinated processes can result in delayed healing or even non-union formation [1]. The rate of fracture healing complications in orthopedic patients is reported to be 5–20% [2,3]. Reasons for impaired bone healing are manifold and include inappropriate mechanical stabilization, infection, impaired blood supply, comorbid diseases, advanced age, hormone and nutrition status of the patient, pharmacological therapy and genetic variation [4–6]. Therefore, there is a need for new therapeutic strategies to improve fracture healing especially in patients with healing complications. An ideal treatment strategy would include the easy and safe application of a pharmacological agent inducing osteoanabolic effects during fracture healing. One such potential molecular target is the osteoanabolic WNT signaling pathway. This pathway

plays an important role during embryonic bone development, bone homeostasis, mechanotransduction in bone tissue and bone regeneration [7–10]. Therefore, this review focuses on preclinical studies targeting WNT signaling molecules to accelerate fracture healing.

Molecules of the WNT signaling pathway

WNT proteins are encoded by the large family of WNT genes of which the first, WNT1, was discovered more than three decades earlier in the mouse [11]. Currently, up to 19 different WNT genes are known in mammalian genomes [11]. Genes of the WNT family code for cysteine-rich secreted growth factor proteins, which act as signaling molecules [12]. WNT proteins are secreted with the help of the WNTless protein into the extracellular space, where they bind to cell-surface receptors of target cells. WNT proteins have been categorized into two groups based on whether they have the ability to induce the formation of a secondary body axis in *Xenopus laevis* embryos and to transform the cell shape of the mouse epithelial cell line C57MG [13]. WNT proteins with these characteristics were classified as canonical WNT proteins, while other WNT molecules were categorized as non-canonical [14]. The transforming ability of canonical WNTs was demonstrated to increase

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the cellular levels of the transcriptional coactivator β -catenin [15]. By contrast, non-canonical WNTs ligands employ alternative β -catenin-independent signaling mechanisms, including intracellular calcium release and activation of protein kinase C, or the c-Jun N-terminal kinase. This review will focus on canonical WNT molecules, because most osteoanabolic agents target this part of the WNT signaling pathway.

The central signaling molecule of the WNT/ β -catenin pathway is the transcriptional co-activator β -catenin, the stability of which is tightly controlled. In the absence of a WNT ligand, cytoplasmic β -catenin is bound to a multi-protein complex consisting of the scaffolding protein Axin, the tumor suppressor Adenomatous polyposis coli (APC) and two serine-threonine kinases (Glycogen synthase kinase 3, GSK3 α/β and Casein kinase 1 α/β , CK1 α/β). Both these kinases phosphorylate β -catenin at N-terminal serine/threonine residues. Phosphorylated β -catenin is then ubiquitinated and thereby targeted for degradation by the proteasome pathway [16]. Therefore, in the absence of a WNT signal, only very low levels of β -catenin are present in the cytoplasm. WNT/ β -catenin signaling is initiated by binding of a WNT ligand to a receptor of the Frizzled (FZD) family and its co-receptors low density lipoprotein receptor-related protein 5 or 6 (LRP5/6). Subsequently, the scaffolding protein Dishevelled (DVL) is recruited to the receptor complex and LRP5/6 is phosphorylated by the combined action of Gsk3 β and Ck1 γ . Phosphorylated LRP5/6 then serves as a docking site for the recruitment of the cytoplasmic protein Axin; this inhibits phosphorylation and thereby degradation of β -catenin. As a consequence, newly synthesized β -catenin accumulates in the cytoplasm and translocates to the nucleus. Binding of nuclear β -catenin to TCF/LEF proteins and the recruitment of additional cofactors initiates transcription of WNT target genes [16]. Many target genes are cell-type specific. Because of its pivotal role in development and tissue homeostasis, it is not surprising that the β -catenin pathway activity is tightly regulated by a wide range of modifiers. These effectors might act in a promoting or antagonizing manner at different levels in the signaling cascade. In bone tissue, the most important and best investigated WNT modifiers are Kremen, Frizzled-related proteins (sFRP), Dickkopf (DKK), Midkine (MDK) and Sclerostin (SCL). All of these proteins antagonize canonical WNT signaling. In general, the canonical WNT/ β -catenin pathway is known for its osteoanabolic action, because humans or mice lacking one or more components of this signaling cascade display dramatic osteoporotic bone phenotypes [17–21].

Utilizing the WNT signaling pathway to enhance fracture healing by experimental agents

Because of its osteoanabolic action, activation of the canonical WNT/ β -catenin pathway is also critical for bone formation during fracture healing. Confirming this, transgenic mice lacking important components of the signaling cascade or overexpressing WNT inhibitors frequently display impaired bone healing. For example, LRP5 $^{-/-}$ mice, LRP6 $^{+/+}$ mice and mice overexpressing the LRP5/6-antagonist Kremen2 specifically in osteoblasts showed reduced bone formation and mechanical strength in the fracture callus because of reduced β -catenin signaling [22,23]. By contrast, transgenic mice lacking WNT inhibitors or overexpressing WNT molecules displayed accelerated fracture healing: SCL $^{-/-}$ mice display increased bone formation and callus size and strength during fracture healing because of increased activation of β -catenin in osteoblasts in the fracture callus [24–26]. Inducible WNT7b expression during fracture healing promoted callus mineralization and accelerated bone healing [27]. These are just some examples from studies demonstrating the power of the WNT signaling pathway to modify fracture healing by using genetically modified mouse mod-

els. However, in the light of a possible clinically relevant treatment option, pharmacological inhibitors of Wnt antagonists, for example, monoclonal antibodies, are more relevant [28].

Search strategy for studies investigating experimental agents to target the Wnt signaling pathway during fracture healing

A literature research was performed in Pubmed in March 2020 using the keywords search term “Wnt” AND “antibody” AND “fracture healing”. This search resulted in 25 publications. The by far most used antibodies for targeting the WNT signaling pathway are against SCL, DKK1 and MDK. Therefore, this review will focus on these three main investigated antagonists of the WNT signaling pathway, which can be blocked experimentally by antibodies.

Sclerostin

SCL is a secreted WNT antagonist produced by articular chondrocytes and osteocytes [29]. SCL interacts with the extracellular domain of the LRP5/6 receptor to prevent binding of WNT ligands (Fig. 1) [30]. Evidence from humans carrying missense mutations in the Sclerostin gene (van Buchem disease) suggests SCL as a potential target for the treatment of low bone mineral density (BMD) and bone mass, because these patients display dramatically increased BMD [30]. Indeed, clinical trials testing fully humanized anti-SCL antibodies show promising results as an anti-osteoporotic drug in increasing BMD and reducing fracture risk in postmenopausal women [31–33]. Furthermore, the effects of an anti-SCL treatment strategy by using monoclonal antibodies during fracture healing have been demonstrated in many preclinical studies. Mice and rats which underwent anti-SCL therapy during fracture healing displayed increased radiographic density, bone mass and strength in the fracture callus [30,34–36]. Furthermore, SCL-antibody (SCL-Ab) treatment was also effective in accelerating bony union in cynomolgus monkeys undergoing fibular osteotomy [36]. The underlying mechanism is the inhibition of the negative effects of SCL on osteoblastogenesis. Furthermore, SCL was shown to stimulate RANKL secretion from osteocytes, thereby inducing osteoclastogenesis [37]. However, the effects of SCL-Ab on mechanotransduction during fracture healing remain unclear, because SCL-Ab treatment did not accelerate fracture healing in a mechanically induced delayed healing model [38].

Dickkopf-1

DKK1 is also a secreted WNT antagonist interacting with the binding of WNT ligands to LRP5/6 (Fig. 1). This molecule is expressed by several cell types in the bone, including osteoblasts, osteocytes, preadipocytes and endothelial cells [30,39]. Furthermore, DKK1 was recently described as a pro-inflammatory ligand in inflammatory conditions [40]. DKK1 $^{+/-}$ mice display increased bone mass and bone strength. By contrast, osteoblast-specific DKK1-overexpressing mice exhibit reduced BMD and bone mass, highlighting the negative effects of DKK1 on bone formation [30]. Effects of anti-DKK1 antibodies on fracture repair were tested in several rodent models. DKK1-Ab-treated rats and mice display increased BMD, strength and earlier bony union in the fracture callus [30,41]. Underlying mechanisms were described as a positive effect on MSC osteoblast differentiation mediated by DKK1-Ab, however, molecular mechanisms have not been studied in detail [41,42]. Furthermore, the influence of DKK1-Ab on the early inflammatory phase of fracture is unclear. Recently, a bispecific antibody targeting both SCL and DKK1 was tested during fracture healing in mice. Simultaneous inhibition of SCL and DKK1 led to more rapid fracture healing than administration of SCL-Ab or DKK1-Ab alone [43].

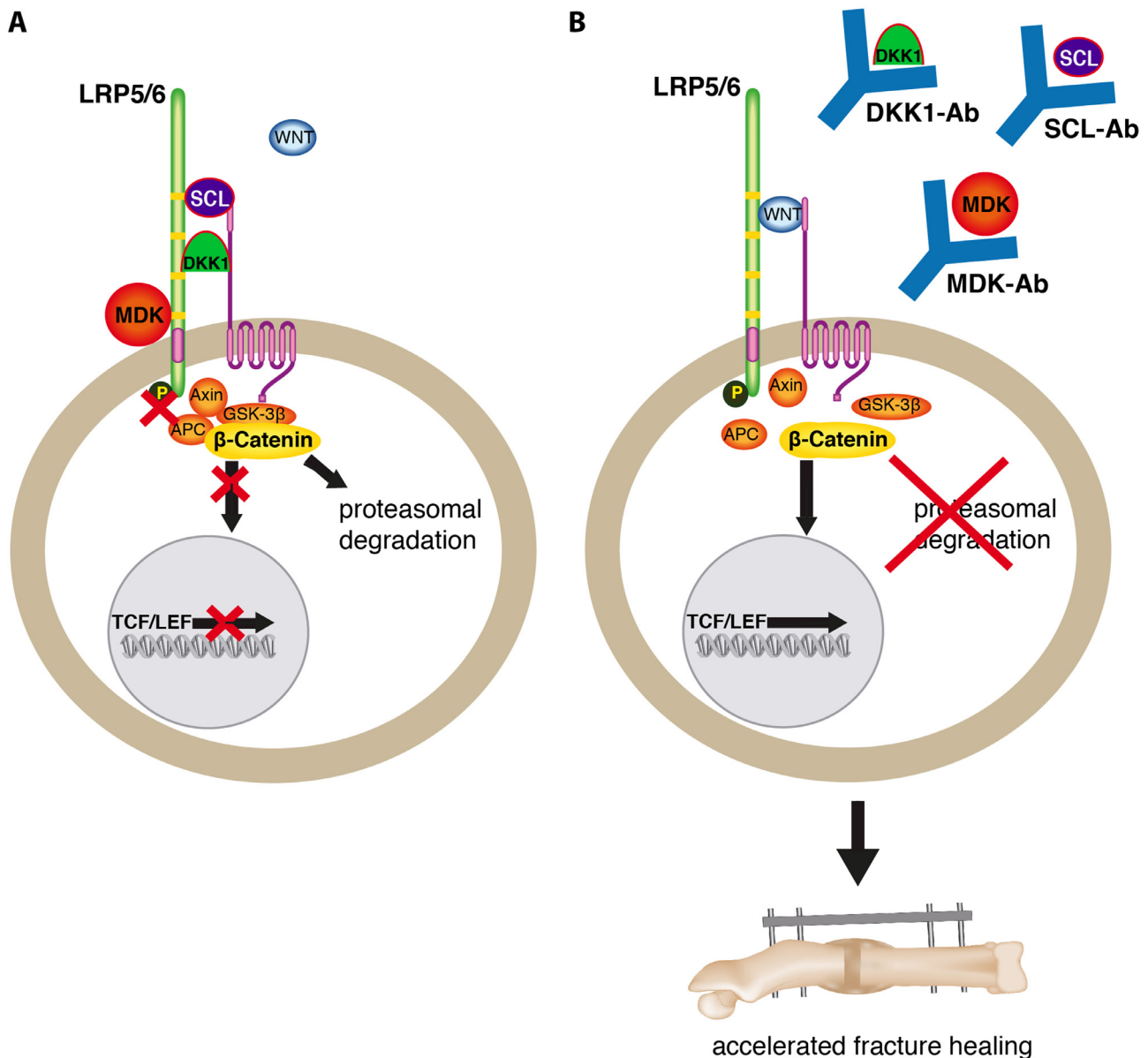


Fig. 1. Mode of action of WNT signaling antagonists and antibodies against these antagonists. A) Inactive Wnt/ β -catenin signaling in the presence of WNT antagonists like Midkine (MDK), Sclerostin (SCL) and Dickkopf-1 (DKK1). B) Active Wnt/ β -catenin signaling after administration of anti-MDK, anti-SCL or anti-DKK1 antibodies led to accelerated fracture healing.

Midkine

MDK is a WNT signaling antagonist which can act both extra- and intracellularly by binding to different receptors dependent on the involved cell type, including LRP6 (Fig. 1) [44–46]. MDK expression is almost absent in the healthy adult organism; its expression is tightly restricted to brain, kidney and long bones [47–49]. However, during inflammatory conditions like an acute fracture, MDK expression is upregulated locally in the injured tissue and circulating MDK levels are also increased. During inflammatory processes, MDK promotes cell migration of neutrophils and macrophages [50]. MDK is expressed during all phases of fracture healing in different cell types in the fracture callus, including macrophages, chondrocytes and osteoblasts [46]. Preclinical studies demonstrated that intracellular MDK expression in chondrocytes is important for cartilaginous callus formation during endochondral fracture healing [51]. However, blocking extracellular MDK by anti-MDK antibody

administration led to increased bone formation and strength in the fracture callus both in middle-aged and osteoporotic mice [52,53]. An underlying mechanism might be increased osteoblast activity through elevated Wnt/ β -catenin signaling during osteoblastogenesis in the fracture callus. Furthermore, MDK-Ab treatment had a significant effect on inflammatory cytokines and cells in the early fracture hematoma. Systemic MDK-Ab administration normalized interleukin-6 expression and the presence of neutrophils in the fracture callus in osteoporotic mice [54]. The first clinical data demonstrated that circulating MDK levels are increased after fracture in humans and that postmenopausal women displayed further increased serum MDK levels compared to male fracture patients [55]. This indicates a therapeutic potential for humanized MDK-Ab to accelerate fracture healing, particularly in postmenopausal women. However, further research is needed to clarify the effects of MDK-Ab on the entire organism during regeneration after orthopedic trauma.

Conclusion

Experimental agents which increase WNT/ β -catenin signaling during fracture repair showed promising results in accelerating bone formation in the fracture callus and, therefore, boosting fracture healing success. Namely, antibodies against SCL, DKK1 and MDK were tested successfully in preclinical models. In future, clinical studies are needed to establish a safe and efficient treatment strategy using these targets to improve fracture patient outcome. However, the first two clinical trials testing an anti-SCL antibody failed to show an improvement of tibial and hip fracture healing [56,57]. This might be due to intrinsic differences between animal models and the human situation, like differences in bone metabolism and remodeling or the different loading situation. Also, dosage and treatment regime might differ between preclinical and clinical studies. Often, therapeutic antibodies are applied in much higher concentrations in the animal model compared to patients. Furthermore, it might be necessary to test antibodies targeting WNT antagonists in patient cohorts with a higher risk for fracture healing complications to see stronger effects. More research is needed to test whether results from preclinical fracture healing studies can be verified also in the clinical setting.

Declaration of Competing Interest

I hereby declare that I have no conflict of interest regarding this manuscript.

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Supplementary materials

Supplementary material associated with this article can be found, in the online version, at [doi:10.1016/j.injury.2020.11.051](https://doi.org/10.1016/j.injury.2020.11.051).

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